



## SALWAN PUBLIC SCHOOL, RAJENDRA NAGAR

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**Subject: PTM and Session on Substance Abuse Awareness**  
**Class IX**

SPS/ 531 /2025

21<sup>st</sup> August 2025

Dear Parent,

A Parent Teacher Meeting has been scheduled for **Saturday, 23<sup>rd</sup> August 2025 from 8:00 am to 11:00 am.**

**AGENDA:**

- **Result discussion of Periodic Test 1 & Periodic Test 2.**
- **Getting ready for the upcoming Term End 1 examination.**

**As part of the upcoming Parent-Teacher Meeting (PTM), a special session on ‘Substance Abuse Awareness’ is being organized exclusively for parents.** With recent studies indicating that nearly 1 in 5 school-going children in India are exposed to substance abuse, the issue is far more widespread and closer to home than many of us may realise.

Substance abuse can have a profound and often hidden impact on a child's emotional well-being, behaviour, social life, and academic performance. Early exposure and experimentation can lead to long-term consequences, making awareness, open communication, and timely intervention absolutely essential.

**This session will be conducted by Dr. Riya Gupta, a leading adolescent health specialist from Fortis Hospital.** Drawing on her extensive experience in working with young people and families, Dr. Gupta will share important perspectives on the challenges today's adolescents face and the crucial role parents play in supporting their overall well-being. The session aims to offer insights that help parents stay informed, engaged, and better prepared to guide their children through an increasingly complex world.

We strongly encourage all parents to attend and be part of this essential conversation. Your presence and involvement can make a lasting difference in your child's health, safety, and future.

**Event Details:**

**Date: 23rd August 2025**

**Time: 8:30 AM onwards**

**Venue: Library**

Kindly confirm your attendance by filling out this short registration form:

<https://forms.gle/FgTV9UJGZdNG1wWs8>

Regards,

Priyanka Barara  
Principal